

School Lunch Menu – November 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 4 7th Nov	Steak Burger in a bap Chips Baked Potato Tossed Salad Coleslaw Flakemeal Biscuit & Fruit Chunks	Breast of Chicken Curry with Boiled Rice Naan Bread Garden Peas Baked Potato Fruit sponge & custard	Roast Beef Traditional stuffing Gravy Savoy cabbage Oven Roast Dry & Mashed Potato Fresh Fruit Selection and yoghurt	Breaded Fish Fillets Sweetcorn & Peas Mashed Potato Melon & Cheese and crackers	Oven Baked Sausages Baked Beans Mashed Potatoes Artic roll & selection of Fresh fruit
WEEK 1 14th Nov	Steak Burger in a bap Tossed Salad/Coleslaw Chips Baked Potato Flakemeal Biscuit & Fresh Fruit Chunks	Breast of Chicken Curry & Rice Naan Bread Garden Peas Jam & Coconut Sponge & Custard	Roast Beef Traditional Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Oven Dry Roast & Mashed Potatoes Frozen Yoghurt & Fresh Fruit Selection	Breaded Chicken Goujons Sweetcorn Mashed Potato Salad Selection Vanilla Ice Cream, Oranges, And Chocolate Sauce	Breaded Fish Fingers Baked Beans Mixed Vegetables Mashed Potato Fresh fruit selection & yoghurt
WEEK 2 21st Nov	Breast of Chicken Curry with Boiled Rice Naan Bread Garden Peas Chocolate Sponge & Custard	Breaded Chicken Bites Beans Chips Baked Potato Coleslaw Jelly, Ice Cream and Fresh Fruit	Roast Pork Traditional Stuffing Gravy Cauliflower Cheese Fresh diced Carrots Oven Dry Roast & Mashed Potato Fresh fruit selection & Yoghurt	Breaded Fish Goujons Sweetcorn Mashed Potato Flakemeal Biscuits and Fresh fruit	Spaghetti Bolognaise Crusty bread Tossed Salad Melon & Cheese and Crackers
WEEK 3 28th Nov	Pasta Bolognaise Crusty bread Sweetcorn Raspberry ripple ice cream & Fresh fruit Chunks	Burger in a Bap Coleslaw Tossed Salad Chips Baked Potato Fresh fruit selection & yoghurt	Roast Breast of Chicken Traditional stuffing Gravy Carrot & Parsnip Oven Dry Roast & Mashed Potato Popcorn cookies & Watermelon chunks	Salmon fish cake/ Breaded Fish Baked Beans Mashed Potato Frozen smoothie & Fresh Fruit	Breast of Chicken Curry with Boiled Rice Naan Bread Garden Peas Fruit sponge & custard

*Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily*

*Salad Selection
Tossed Salad
Lettuce, Cherry
Tomato
Grated Carrots
Cucumber
Diced Red Peppers
Red Onion
Radish
Beetroot*

*If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form*

